



## PARISH NEWS Issue 39 Spring 2020 Eskdaleside-cum-Ugglebarnby Parish Council

**War Memorial Seat:** To commemorate the 100 years since the ending of WW1, the parish council commissioned Godbold Blacksmiths to make a seat. This has now been fixed in place on the Daffodil Green adjacent to the commemorative tree planted in 2018. It is hoped that residents and visitors alike will be able to sit and contemplate ....

**War Memorial:** The parish council has received congratulations and thanks from members of the Veterans Association and the Green Howards following the Remembrance Service last November for the renovation works undertaken of the War Memorial

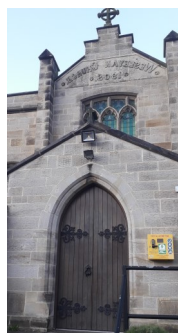


**Littlebeck News from our residents:** "We are a very spread out community with both residential and holiday accommodation. We are very privileged to have a Village Hall and a Chapel, both of which are used to benefit the local and wider community. We have a service every Sunday at 2.30pm. Sleighs Area Men's Shed meets at the Chapel on Tuesdays and Thursdays. I am sure they would welcome anyone who would like to join them or just visit. We have "Lunch Together" on the first Wednesday of each month from 12.00 until 1.30pm in the Chapel Schoolroom. Ladies' Coffee Break takes place in the Village Hall on the third Monday of each month from 10.00 onwards. Our newest venture is starting on Friday, 13th March from 6.30 until 8.30pm in the Village Hall. This is the Littlebeck Hub which it is hoped will happen every month for the local community to get together socially and share various activities. If you would like any more information on what is going on in Littlebeck or to join us for anything you can ring Hazel Green on 01947810216 or Judith Ventress on 01947810273. "

**Co-option:** The parish council still has vacancies in the Office of Parish Councillor—please see the noticeboards for further information on deadlines for application.

**Volunteering Opportunities:** if you want to find volunteering roles across North Yorkshire then search the online directory and sign up to match with volunteering opportunities in the area: [www.volunteeringinnorthyorkshire.org.uk](http://www.volunteeringinnorthyorkshire.org.uk) or email: [volunteersupport@communityfirstyorkshire.org.uk](mailto:volunteersupport@communityfirstyorkshire.org.uk) or telephone: 01904 704177

**Defibrillators:** Through local funding Sleights and Briggswath now have 4 defibrillators in place at the following locations: Briggswath Methodist Church, Radfords Butchers, Sleights Bowling Club and Sleights



Sports Field  
(photographs  
courtesy of  
Cllr D Tate)



Cllr Lynne Jones recently took part in the well attended First Aid Course at Sleights Village Hall and had the following to report:

“One of the topics covered was defibrillators. I feel that the information merits a wider audience in the parish.

If someone is in the position of having to try to resuscitate a person, as well as performing chest pumps, they should dial 999 for the ambulance service who will then give instructions and the situation of the nearest operable defibrillator and its code. This is vital information. I would have dashed up to Radfords. If a defib has been used recently, it could be waiting to be reset, in which case, they would direct you somewhere else.

The 999 ambulance advisor guides people through the procedure and the machine itself calculates whether to administer a shock. We were told that the ambulance service has a list of all locations that have been reported to them or to an appropriate website.

This information is entered into a sophisticated website that shows them both the location of the phone being used to ring them and the defibs in the area.

Each defib has a 'minder' who is a trained volunteer. The person keeps a check on his/her appointed machine and resets it after emergency use. Our course leader called these people heroes and said that everyone who encountered one should thank them.”

## The Loneliness Campaign North Yorkshire

**“Staying Social, Staying Well”** : the campaign is being spearheaded by Community First Yorkshire and their headline is that “retirement planning is about more than just finance”. Questions they want residents to consider are: “what’s your risk of being lonely when you retire?” and “how will you stay connected with friends, family and colleagues?”. Take their simple online quiz that has practical suggestions to reduce loneliness, such as

- ◇ joining local groups or clubs
- ◇ reconnecting with old friends
- ◇ Get a pet as those with pets are “36% less likely than non pet owners to report loneliness”

Visit:

<https://communityfirstyorkshire.org.uk/projects/tlc-north-yorkshire/staying-social-staying-well/> or

telephone 01904 704177 or

email: [tlc@communityfirstyorkshire.org.uk](mailto:tlc@communityfirstyorkshire.org.uk)

## Councillors



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Cllr Maureen Gregory	Tel: 01947 811385
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